



Knee Brace

In order to receive insurance coverage for a knee brace there are three necessary documents.

- 1) An RX pad prescription for the Knee Brace with the side indicated (right, left or bilateral).
- 2) A signed copy of the ordering physician's clinical notes. The notes need to indicate the need/reason for the brace with appropriate **side specific ICD-10 codes** indicated. Not all diagnosis codes will qualify the patient for the brace. Please refer to Medicare LCD at www.noridianmedicare.com click on policies, LCD's and find knee orthosis active LCD for allowable diagnoses.
- 3) A signed and dated Detailed Written Order. We will generate this and forward to the ordering physician once we receive the first two items.

Knee Instability Documentation

According to the Local Coverage Determinations and Policy Article, a knee orthoses billed may be covered when the patient is ambulatory and has knee instability. The knee instability must be documented in the physician's medical records and an objective description of the examination must be included. It is not sufficient to simply state "unstable knee" or "knee instability". The instability must be objectively determined by measurement of varus/valgus, range of motion or anterior/posterior drawer test. When this information is not contained in the medical record, the claim may be subject to denial.